



# RUN REZ

ON THE

SAGINAW CHIPPEWA INDIAN TRIBE'S  
**RUN/WALK FOR HEALTH**



## 5K Run & 1.5 Mile Fun Run/Walk

**When:** Saturday, October 17, 2009  
**Where:** Saginaw Chippewa Indian Tribal Operations Parking Lot (Southeast corner of Broadway & Leaton)  
 7070 E. Broadway  
 Mt. Pleasant, MI 48858  
**Time:** Registration 8:45 AM to 10:00 AM; Runs start at 10:00 AM  
**Course:** The race course is flat and will be through the reservation on both the road **and through fields on dirt and grass paths.**  
**Fee:** \$12.00 post-marked by October 14 and \$15.00 after October 14, 2009 (\$1 off for Mt. Pleasant Striders)  
 \*Family Rate: \$30 for immediate family members of 3 or more people.  
**Awards:** The first 180 participants to finish in both the 5K and the 1.5 Mile will receive a "Run on the Rez" silicone key chain (there will not be awards given by age groups).  
**Gifts:** \*Long sleeve shirts and gloves are available for the first 125 registered participants\*  
 \*POST RACE LUNCH will be provided for everyone\*  
 \*\*\*There will also be a RAFFLE going on during lunch\*\*\*

**Registration: Pre-Registration Send to**  
 Jayme Green  
 Nimkee Fitness Center  
 2591 S. Leaton Road  
 Mt. Pleasant, MI 48858

\*Make checks payable to the **Saginaw Chippewa Indian Tribe** (Please try to have exact amount on day of race)  
 \*For information please call Jayme Green (989) 775-4696 or email at [jgreen@sagchip.org](mailto:jgreen@sagchip.org) or check out the website for more information and registration forms at <http://www.sagchip.org/fitness/rezrun.htm>

### 2009 Run on the Rez Race Entry Form PLEASE PRINT & COMPLETE FORM ENTIRELY

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
 (Street Address) (City) (State) (Zip Code)

**Phone Number:** \_\_\_\_\_ **Gender:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Long Sleeve Shirt Size:** S M L XL XXL

**5K Run** \_\_\_\_\_ **1.5 Mile Fun Run/Walk** \_\_\_\_\_ **Please Check if you're a Strider Member** \_\_\_\_\_ (S1 off entry fee)

Please accept my entry in the Run/Walk for Health. I hereby state that I have conditioned myself properly for the 5K Run/ 1.5 Mile Fun Run/Walk. I waive any right that I have against the Run/Walk for Health officials, sponsors, Saginaw Chippewa Indian Tribe and all the participating groups for damages or injuries occurred by my participation in the 2009 Run/Walk for Health.

In case of emergency, please notify: \_\_\_\_\_

**Relationship:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_

**Date:** \_\_\_\_\_

(Entrants Signature—if under 18, parent or guardian must sign)